# Canada at Risk:

10 Things You Must Do if Putin Invades, Experts Warn





### **Emergency Plan**

Maintaining an emergency plan for potential invasion is critical for Canadians. It's recommended that Canadians have enough supplies for 7 to 14 days.



### **Emergency Kit**

The Canadian Red Cross recommends that civilians have an emergency kit available during any national event, like a Russian invasion.



### **Emergency Alerts**

The Canadian Broadcast System is connected to all smartphones nationwide. As such, civilians can connect their devices to the emergency alert service.



#### **Evacuation Route**

Maintaining an evacuation route is essential during a Russian invasion.



## Stay Informed

Staying informed and knowing the latest news is essential. Any headlines suggesting the possibility of a Russian invasion should be taken seriously. However, that information should come from reliable sources like CTV News or the Canadian Government.



# Stay Connected

Under the pretense that Russia invaded Canada, staying connected with family & friends is essential.



## **Government Documents**

Canadians should have their birth certificates, passports, and insurance policies in safekeeping during their evacuation route.



# Follow Government Instructions

Once government officials have convened and discussed the next steps for Canadians, the Canadian Broadcast System will follow with instructions.



### **Be Mindful of Social Media**

It's recommended that Canadians avoid listening to news reports on social media unless from verified government sources.



# **Stay Calm**

Finally, the best thing Canadians can do during an invasion is remain calm. Don't allow emotions to overrule your judgment, as straightforward & direct thinking is needed during these moments.



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